

Timetable for first Community Education Programme:

'It's all about Your Health' for adults with a learning disability and their carers

Date	Topic	Session Leader	Venue
22nd May 2019 10.30am – 12.30pm	Finding out more about how to access local services – Health, Social Care, Voluntary Services	Market Place set up – various information stalls. Key Speakers from Social Care and Health Services	The Arc House Building, Harrow-on-the-Hill Approach, Lowlands Road, HA1 3GR
Tues 4th June 10.30am – 12.30pm	Health passports and Health Action Plans	Nurse Manager – Jennifer Facey	Venue to be confirmed
Tuesday 11th June 10.30am – 12.30pm	Managing Challenging Behaviour (1)	Behaviour Support Therapist	Venue to be confirmed
Wed 19th June 10.30am – 12.30pm	Managing Challenging Behaviour (2)	Behaviour Support Therapist	Venue to be confirmed
Tues 25th June 10.30am – 12.30pm	Safe eating and drinking	Speech and Language Therapist	Venue to be confirmed
Wed 3rd July 10.30am – 12.30pm	Different ways to communicate	Speech and Language Therapist	Venue to be confirmed
week commencing 8 th July – date to be confirmed	Advice about medications	Community Pharmacist and Lead Nurse	Venue to be confirmed
week commencing 15 th July - date to be confirmed	Health and well-being Advice	Community Dietitian Exercise Advice Specialist	Venue to be confirmed